

Summer Meals Menu



**SVSU Summer Menu
June 24th—July 12, 2019**



Menus are
Subject to
Change

**We Support Local New
England
Companies**

Clearbrook Farm
The Apple Barn
Moses Farm
MAUMS Garden



6.24.19

Deli Day

Ham or Turkey with
American Cheese on
Whole Wheat Bread

Mayo & Mustard Packet

Vegetable Sticks

6.25.19

Nugget Day

Chicken Nuggets

BBQ Sauce

Veggie Sticks

6.26.19

Chef Salad

Turkey, Ham & Cheese
on a Bed of Lettuce with
Seasonal Veggies &
Croutons

Italian Dressing

6.27.19

Squareroni Pizza

Mozzarella Cheese,
Pepperoni, Marinara
Sauce and Flatbread

Veggie Sticks

6.28.19

Ham & Cheese Bagel

Ham & Cheese with
Honey Mustard Cream
Cheese on a Whole
Wheat Bagel

Vegetable Sticks

7.1.19

Go Bananas

Banana Bread

Sunflower Seeds

Veggie Sticks
with Hummus

7.2.19

Deli Day

Ham or Turkey with
American Cheese on
Whole Wheat Bread

Mayo & Mustard Packet

Vegetable Sticks

7.3.19

Buffalo Chicken Wrap

Buffalo Chicken, Ranch
Dressing & Lettuce on a
Whole Wheat Wrap

Vegetable Sticks

7.4.19



7.5.19

**No
Meals
Served**

AVAILABLE
DAILY:

Peanut Butter and
Jelly Sandwich

Yogurt & Cheese

Veggie Sandwich

We Welcome Summer
For All The
LOCAL VEGETABLES!!

All Meals Served with Fruit & Farm Fresh Milk

"This institution is an equal opportunity provider"

Summer Meals Menu

SVSU Summer Menu July 8– August 2, 2019



We Support Local New England Companies

Clearbrook Farm
The Apple Barn
Moses Farm
MAUMS Garden

7.8.19

Vermonter Wrap
Chicken Salad on a Whole Wheat Wrap with Apples & Cheddar Cheese
Vegetable Sticks

7.9.19

Deli Day
Ham or Turkey with American Cheese on Whole Wheat Bread
Mayo & Mustard Packet
Vegetable Sticks

7.10.19

Charlie's Day
Tuna Salad with American Cheese and Lettuce on A whole Wheat Wrap
Vegetable of the Day

7.11.19

Caesar's Palace
Romaine lettuce, Chicken & Cheese with Whole Grain Croutons
Caesar Dressing

7.12.19

Ham & Cheese Bagel
Ham & Cheese with Honey Mustard Cream Cheese on a Whole Wheat Bagel
Vegetable Sticks

7.15.19

Deli Day
Ham or Turkey with American Cheese on Whole Wheat Bread
Mayo & Mustard Packet
Vegetable Sticks

7.16.19

Nugget Day
Chicken Nuggets
BBQ Sauce
Veggie Sticks

7.17.19

Buffalo Chicken Wrap
Buffalo Chicken, Ranch Dressing & Lettuce on a Whole Wheat Wrap
Vegetable Sticks

7.18.19

Squareroni Pizza
Mozzarella Cheese, Pepperoni, Marinara Sauce and Flatbread
Veggie Sticks

7.19.19

Go Bananas
Banana Bread
Sunflower Seeds
Veggie Sticks with Hummus

7.22.19

Vermonter Wrap
Chicken Salad on a Whole Wheat Wrap with Apples & Cheddar Cheese
Vegetable Sticks

7.23.19

Deli Day
Ham or Turkey with American Cheese on Whole Wheat Bread
Mayo & Mustard Packet
Vegetable Sticks

7.24.19

Charlie's Day
Tuna Salad with American Cheese and Lettuce on A whole Wheat Wrap
Vegetable of the Day

7.25.19

Caesar's Palace
Romaine lettuce, Chicken & Cheese with Whole Grain Croutons
Caesar Dressing

7.26.19

Ham & Cheese Bagel
Ham & Cheese with Honey Mustard Cream Cheese on a Whole Wheat Bagel
Vegetable Sticks

7.29.19

Deli Day
Ham or Turkey with American Cheese on Whole Wheat Bread
Mayo & Mustard Packet
Vegetable Sticks

7.30.19

Nugget Day
Chicken Nuggets
BBQ Sauce
Veggie Sticks

7.31.19

Chef Salad
Turkey, Ham & Cheese on a Bed of Lettuce with Seasonal Veggies & Croutons
Italian Dressing

8.1.19

Squareroni Pizza
Mozzarella Cheese, Pepperoni, Marinara Sauce and Flatbread
Veggie Sticks

8.2.19

Go Bananas
Banana Bread
Sunflower Seeds
Veggie Sticks with Hummus

AVAILABLE DAILY:

Peanut Butter and Jelly Sandwich
Yogurt & Cheese
Veggie Sandwich

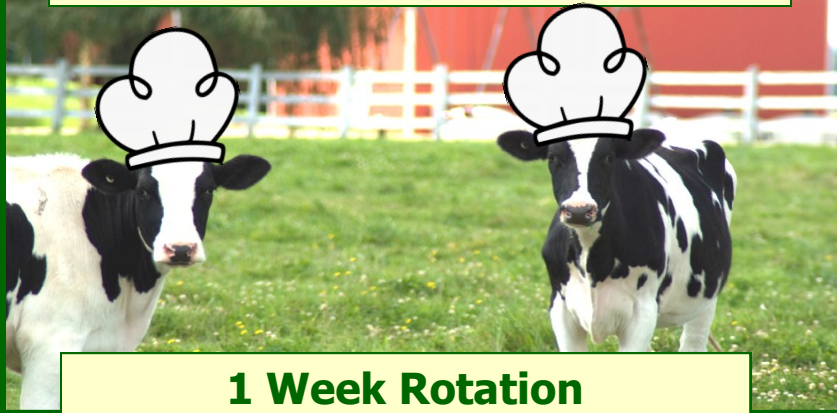
Menus are Subject to Change

We Welcome Summer For All The **LOCAL VEGETABLES!!**

All Meals Served with Fruit & Farm Fresh Milk

"This institution is an equal opportunity provider"

Summer Meals Menu



We Support Local New England Companies

- Clearbrook Farm
- The Apple Barn
- Moses Farm
- Cabot Cooperative
- Westminster Crackers

1 Week Rotation

June 24 — August 2, 2019

No Meals 7/4 & 7/5

Menus are Subject to Change



Whole Grains Are Smart Grains

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast Bar
Fresh Fruit

Smart Cookie
100% Fruit Juice

Assorted Whole Grain Cereal
Animal Crackers
Fresh Fruit

Mini Cinnis
Fresh Fruit

PB&J Uncrustable (Strawberry Jam)
100% Fruit Juice

All Meals Served with Farm Fresh Milk

Summer Meals Start Monday June 24th!!!

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